

# A HEART TO HEART CONVERSATION WITH OUR HINDI GURU

### **Q.1** Why did you decide to become a teacher?

A. I decided to be a teacher because; I was influenced by my father's profession. He, MR. NARENDRA KRISHNARAO PATRIKER was a teacher and a role model for me.

### **Q.2** Why did you choose this profession?

A. I chose this profession because; I wanted to share my knowledge as a facilitator. And being with children gives me immense pleasure.

### **Q.3** What is your philosophy of Education?

A .Education is the process where the student and teacher, both worship "GODDESS SARASWATI" for good culture and moral. Education for me is passing the correct knowledge and creating better citizens.

**Q.4** List five adjectives to describe you?

A. I am ambitious, caring, analytic, energetic, and straight forward.

**Q.5** What interests' do you pursue outside classroom?

A. Painting, cooking food, enjoying multiple responsibilities, concern about kids' future, home décor, etc.

### **Q.6** What massage would you like to give to P. I.S students?

A.P I S students, should aim to excel. Students should set a goal and work hard to achieve it. My best wishes to all students and much success for future work.



Vasudha

# **TEAM OF THE MONTH**



Chief Editor: Mr. Ramesh Chandra Panda (Principal) Teacher Coordinator: Mrs. Edna Fernandes (Event Coordinator) Team Managers: Vijay Somvanshi IX A & Bharathi Surendran IXB

### **Team Members**

•Mohit Tewani •Toshit Chaudhari •Tejas Morkar

- •Amisha Shirgave
- •Yash Singh
- •Aditi Soni

•Akshita Lolage

- •Shruthi Barosani
- •Gauri Tiwari
- •Rohit Salve
- •Aditi Shimple •Rutuja More

"Don't be afraid of change. You may lose something good but you may gain something better."





# Face your fears .....

### "Stay Firm Stay Strong!"

Every human being has his own problems and a kind of hurdles to pass across. We need to understand that if there is a problem, then there is a solution. According to the law of nature no problem will resist forever.

Problems always help us in building our confidence level and molding the basics of understanding a particular situation, which in turn helps in gaining experience. Irrespective of the circumstances we need to manage Ourselves to overcome barriers.

To give an example, when a doctor comes to the hospital and sees the patient, he accepts .May be that person has broken his leg or his heart is weak. He won't complain or reject saying, 'Go, get well and come', but he accepts.

Problems are never bad. They are a gift from God, to give us opportunities to become better at what we do.

We have to get used to sufferings and the only way to overcome them is

hard work, accompanied by self-confidence, patience, sincerity and down to earth simplicity.

Meditation /yoga /Music helps us to achieve clarity of thoughts due to which, we will be able to think clearly about the possible solutions.

So students always Face the problems, don't say "Why me?" rather say "Try me..."



Mrs. Deepali Shirgave.

# पुस्तकालय

मानव शरीर को स्वस्थ बनाये रखने के लिए जिस प्रकार हमें पौष्टकि तथा संतुलति भोजन की आवश्यकता होती है। उसी प्रकार मानसकि स्वास्थ्य के लपि ज्ञान की प्राप्त आवश्यक है। मस्तषिक को बनिा गतशििल बनाये ज्ञान प्राप्त नहीं कयिा जा सकता। ज्ञान प्राप्ती के लपि वघिालय जाकर गुरु की शरण लेनी पड़ती है। इसी तरह ज्ञान अर्जति करने के लपि पुस्तकालय की सहायता लेनी पड़ती है। लोगों को शक्षिति करने तथा ज्ञान देने के लपि एक बड़ी राश वि्यय करनी पड़ती है। इसलपि स्कूल कॉलेज खोले जाते हैं और उनमें पुस्तकालय स्थापति कयि जाते है। जसिसे का ज्ञान चाहने वाला व्यक्त सिरलता से ज्ञान प्राप्त कर सके।

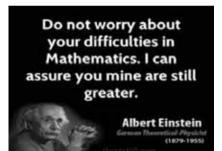


हमारा युग ज्ञान का युग है। वर्तमान में ज्ञान ही ईश्वर है व शक्त हि। पुस्तकालय से ज्ञान वृद्ध मिं जो सहायता मलिती है वह और कहीं से सम्भव नहीं है। वघिालय में वघिाथी केवल वषिय से संबंधति ज्ञान प्राप्त कर सकता है लेकनि पुस्तकालय ज्ञान का खजाना है।

-Toshika Chaudhari 7th A

# What is Math Anxiety?

Math anxiety or fear of math is actually quite common. Math anxiety is quite similar to stage fright. Why does someone suffer stage fright? Fear of something going wrong in front of a crowd? Fear of forgetting the lines? Fear of being judged poorly? Fear of going completely blank? Math anxiety conjures up fear of some type. The fear that one won't be able to do the math or the fear that it's too hard or the fear of failure which often stems from having a lack of confidence. For the most part, math anxiety is the fear about doing the math right, our minds draw a blank and we think we'll fail and of course the more frustrated and anxious our minds become, the greater the chance for drawing blanks. Added pressure of having time limits on math tests and exams also because the levels of anxiety grow for many students. Well said by Albert Einstein, " Do not worry about your difficulties in Mathematics. I can assure you mine are still greater.



### Overcoming Math Anxiety

A positive attitude will help.
 Ask questions; be determined to 'un-

derstand the math'.

3. Practice regularly, especially when you're having difficulty.

4. Work with peers that understand the math. You can do the math, sometimes it just take a different approach for you to understand some of the concepts.

5. Don't just read over your notes - do the math. Practice the math and make sure you can honestly state that you understand what you are doing.

6. be persistent and don't over emphasize the fact that we all make mistakes. Remember, some of the most powerful learning stems from making a mistake.



-Rajshree Pagare

# NEGATIVITY A STEPPING STONE TO VICTORY

A frog decided to reach the top of a Tree. All frogs shouted," It's impossible, It's impossible". Still the frog reached the top. How????? Because He was deaf

And He thought, everyone was encouraging him to reach the top "BE DEAF TO NEGATIVE THOUGHT. IF YOUR AIM IS TO REACH YOUR GOAL"

MIS TO REACH TOUR OUAL

By Palak Nayyar – V A

Admissions open Admissions open for class XI (ISC)2015-16 Commerce and Science

"The person who says something is impossible should not interrupt the person who is doing it."



# MAGAZINE

A Podar International School News Monthly

# Up, up and away

Kites are believed to have been flown in china over two thousand years ago. the idea of making kite was perhaps born when a farmer tied a string to his hat to keep it from flying away. Around 200BC, chinese general Han Hsin flew a kite over a palace his troops has besieged, to determine the approximate distance between his troops and the palace walls .

By the 5<sup>th</sup> and 6<sup>th</sup> centuries kites are being flown throughout Asia. According to a Japanese legend, a notorious bandit named Ishikawa entered the temple of Nagoya with help of kite. kites also helped in the development of the aeroplane . it was by testing their ideas on box kites that Orville and Wilbar Wright were able to make the first aeroplane in 1903.

# **BEST FRIENDS**

Scribido J

Best friends stick together till the end,

They are like a straight pole that will never bend. They trust each other forever, No matter if you are apart, you are together. They can be your hero and save the day, They will never leave your side they are here to stay They help you when you fall Your true friends are best of all

By-Sahil Ghule 8th A

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### By-Tanmay Talele 7<sup>th</sup> C

हल्ली आमच्याकडे कुणी आले तर आमही चहापाणया आधी "मोबाईल चार्जीगला लावायचा आहे का?" असेच वचिारतो. पाइणयालाही भऊन आलयासाररंव होतं माणूस कतिौ कमितीची कपडें वापरतो यावऊन तयाची कमित होत नसले परंतु तो इतरांनी कर्ति। कमित करतो यावऊन तयाची कमित ठरत असते चांगली माणसं आपल्या जीवनात येण हे आपली भागयता असते आण तयांना आपलया जीवनात जपुन ठेवणं हे आपलयातही योग्यता असते

- Samart Bapat 9<sup>th</sup> A

नति नए -नए परघािनो से सजना और आकरषक फैशन कै अनविारय लकषण हैं। फैशन कयिा ही इसलएि जाता है कलिोग असे देखे और आकरषति हो। वसतुतः अपने- आप को आकर्षक 🛛 ब ना ने की चाह मनुषय की एक सवाभावकि वृतत है। फैशन मरयादा में रहे,वयरथ उततेजना न पेपा करे, तो और चतिरकारो के वह सराहनीय है, तब वह कलाकारों, कवयों कला बोध आर समाज के सौदरय बोध का एक प्रभावी अंग है। जधिर देखो उधर फैशन शो और यह बडा जोर -शोर से चलता है। अगर समय रहते फैशन की सीमा नहीं जागी तो आगे चलकर होने वाले दुष्टपरणिामो के लणि वह स्वयं दोषी होगी

-Saloni 8th B



**KUSH SHARMA 7 C** 

**Compiled by** 

Yash Singh IX B



**NEHA CHAUDHARI 3A** 



आई कोण

अ प ल या ला

असते?

ਰੀ

चा ला य ला बो ला य ला , लहिायला व सरवे द्सरे कार्य करायला शकिवते आईचा अथ असतो की आ+ई=आतमा +ईशवर आई आपल्या मुलांना

नेहमी परेम करते. ती आपॅलया जीवनात एक महान वयकती असते. आई नेहमी शुरू वीरांच्या गोष्टी सागुन आपलयाँ मुलांना शुरु वीर बनवते. ती आपल्या मुलॉनों वाईट शन कधी बग्शंकत नाही.

आई ही आपलया सुवःता हा पेकशा जासत परेम.

- Sanskruti Aware 8th B

"Give a man a fish to eat, you feed him for a day. Teach him how to fish, and you feed him for lifetime."



# **KIDS COLUMN**



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# **Podar Jumbo Kid Corner**

### **Sports day**

Podar Jumbo Kids Nashik celebrated Annual sports meet with the theme "Fun and fitness with jumbo"

On 20th Dec 2014.It was a great event with, students enthusiasm Teacher's team work &Parents valuable involvement. In ' Podar Jumbo Kids' we believe ,sports day is a celebration of play. Play is the key factor to be successful in future.

We do believe every child is special & every child is a winner & that is the essence that Podar Jumbo Kids truly upholds and is working on coaxing others to follow.



Teachers in Jumbo Kids teach concepts to children using unique teaching aids .The children enjoy demonstrations and learn better.



## **Outdoor** activity

Children learned yoga with enthusiasm.







Christmas was celebrate by anxiously counting the days and decorating Christmas trees, caps and hangings. The children danced wish santa on Christmas carols and relished yummy cakes.









# **Concept Time**

Teachers in Jumbo Kids teach concepts to children with fun & using unique teaching aids.

# **Water Play**

To develop an understanding about the importance of personal hygiene by washing toys during water play.



# **Field visit**

It was fun to see insects in a garden during field visit.

"Give me six hours to chop down a tree and I will spend the first four hours sharpening the axe."



EVENTS

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# **Podar International School celebrates annual function.**

School is not only a place for education but also a centre for the vital growth of a child's mental as well as physical growth. Throughout the academic year many activities take place in the school. One of them being the Annual Function of the school.

Podar International School of Nasik, recently celebrated their annual day at the Gaikwad Saba gruha. A complete display of class and perfection was put forth by the participants.

The show started off with the deep prajwalan, and followed by the Principal's speech. Then some of the Podar achievers were awarded for their averments.

The actual show of entertainment was started by the tenth graders on the super hit Ganesh song, 'Bappa Morya'.

The secondary section then initiated the theme of the annual function with a play showing the essence of life through the nine rasas of human existence. The show portrayed a Murtikar who designed a murti and somehow one day it came to being wanting to learn the way of life. The murti was then named Manav by his master. During the course of his journey Manav sees the beauty of nature, laughs a lot, learns humbleness, and the strength of courage. As every coin has two sides, Manav also looks at the ugly side of life. The show came to an end showing the power of silence and non-violence. The audience was stunned and touched by the acts shown to them by the students.

The students' hard work and dedication had truly paid off for it was a great show. Not to forget, the teachers. They worked day and night for this show, and the result? Well speechless.

The Prinicipal also thanked everyone for the huge grand success of the annual day. Nothing could have happened without the blessings of GOD.

We wish God keeps showering his blessings upon the citizens of this world.

#### -Vijay Somwanshi IX – A

Scribido



### Inter House Articulate Competition

Art is the mode of communication and enjoyment for children. They not only reveal their innermost feelings, emotions, thoughts, experiences or ideas through their creations but also get immense pleasure while going through the process of making an art piece.

In Podar International School Nasik, we celebrated ARTICU-LATE 2014 - The Art and Literature festival. A part of this event was our inter-house articulate competition which was held in the last week of December 2014. Students participated and presented attractive models of arts and also presented speech for literature section. The judges for the the Art competition, Padmaja Ma'am and Kavita Ma'am and for literature, Sadhana Ma'am and Shofi Ma'am. Our Principal Sir motivated the students and also congratulated them for their enthusiastic performance.

In all, in this event students expressed themselves very well!



Rutuja More, IX th B

### **Students celebrate Christmas**

Christmas! The very word brings joy to our hearts. No matter how we may dread the rush, the long Christmas lists for gifts and cards to be bought and givenwhen Christmas Day comes there is still the same warm feeling we had as children, the same warmth that enfolds our hearts and our homes. Christmas waves a magic wand over the world spreading the true sense of tolerance, forgiveness, clarity, new hope, faith and love for all mankind. It is celebrated all over the world with great peace and affection.

Our school also celebrated Christmas on 22<sup>nd</sup> December, 2014 with great joy and love. The students as well as the teachers enjoyed this celebration very much. Cakes were also distributed to all the students as the gift for Christmas Eve. There was also a special assembly held on account of this occasion in the school. To add to the students' festive mood, Santa Claus made his appearance in the assembly and waved to the students. The primary class students were also asked to make a pair of stockings to hang it on the Christmas tree placed in the school premises. The students actively participated in this activity making beautiful and creative stockings.

This was the best Christmas celebration I have ever noticed in my life. I wish this type of celebration comes every year, bringing lots of joy and affection in all our hearts. **Rohit Patil** 





Under the theme 'Tech-It-Up', various activities and competitions were conducted class wise to make them aware about how the technology has changed our way of living.

#### Grade 1&2: 'My Pet Robot'



The students were asked to work on theme 'My Pet Robot'. They were given the worksheets, on which they had to color the robot formed by joining the dots, as per the teacher's instructions. The teachers also asked them a few questions about the robots. This activity helped them to develop their independent thinking, expressing, listening and writing skills.

#### Grade 3&4: 'If I had a magic remote control'

The students participated in creative writing competition on the topic 'If I had a magic remote control'. The students pretended to possess a magic remote control and imagined how exciting and interesting their lives would be. This activity stimulated the students' imagination and helped them to develop their independent thinking and writing skills.



Grade 5&6: 'A day without technology'



An extempore speech on the theme 'A day without technology' was conducted to emphasis effective speaking and communication skills amongst the students .They also learnt to respond spontaneously in any communication situation.

### Grade 7&8: 'Have we become slaves of the technology?'

The students participated in the writing competition as a part of this activity. The topic 'Have we become the slaves of the technology?' was designed for the students to become more aware of how humans depend on the technology for everything. This helped them to develop writing and research skills.



**By-Tejas Morkar (IX-B)** 

## **Republic Day**

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**R**epublic day is celebrated every year by the entire nation. It was on this very day that the Lahore session of Indian National Congress had for the first time given the call for Poorna Swaraj. Our constitution came into existence on 1950. Almost 68 years have gone by since India became free, and now we have emerged as one of the most scientifically and technologically advanced nations of the world.

This year we celebrated our 66<sup>th</sup> republic day. The guards of honour escorted our chief guest Col K Anand Menon, Principal Sir Mr.Ramesh Chandra Panda, Vice Principal Sir Mr. Bhushan Upasani, GM Mr. Sameer Wagle, RTM Mr. Sudhir Singh and respected PTA Members on this auspicious occasion. Next our dignitaries garlanded the portrait of goddess Sarawati, Mahatma Gandhi and Dr. B. R. Ambedkar. Our dignitaries hoisted our tricolour National Flag followed by the singing of National Anthem. After that, we had our republic day march past wherein, our chief guest and principal sir took the salute. We had students giving us a speech in English, Hindi & Marathi. 'How well do you know India', a Quiz was conducted, having Rashmi ma'am as a our quiz master, in which all the students of team saffron , white and green participated enthusiastically. As a result, team White won.

Similarly, Kalpana ma'am enlightened us on the importance of republic day. The students of grade 3 to 7 replicated a Chronological Parade held at Delhi on 26 January ,which showed us the important historical events from year 1857 to 1950 ,the day we adopted the constitution.

Next our chief guest shared a few words of wisdom with all of us and was glad to see that along with us students even the parents of our school joined in the celebrations. Subsequently, our Principal sir gave us an overview of the school projects and events followed by Sadhana ma'am who proposed the vote of thanks.

By : Aditi Soni(X) and Akshita Lolage (X)



"It is completely natural to be in a storm, but don't let the storm enter you."

**EVENTS** 



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## Take The Tech Up

A world without technology is obsolete. Our facebook walls are filled with Candy crush requests, thanks to smartphones. To educate our fellow students on the developments in technology, an inaugural assembly was conducted by the students of VII B for the theme 'Tech it Up!'

The inaugural assembly had an interactive skit where a teacher asked the pupils various questions related to gizmos, the internet and social networking. We also learnt about a variety of apple products like iPod, iPad, iMax and iMac.

We learnt the differences between the Internet and the Intranet. The variety of chat and IM-ing apps available in the Play Store like Whatsapp, Line, Hike, WeChat etc. The various social media platforms like facebook, Google +, tumblr. MySpace, LinkedIn etc. connect friends and colleagues all over the world.

As a rapidly developing country, India gained prowess in the field of Information & Technology. A majority of engineers in US software firms are Indians. The CEO of Microsoft, Inc. is our very own Satya Nadella. In this highly competitive and fast- paced world, we need to have our finger on the pulse of the latest gizmos.

The children had fun and learnt a lot relating to digital technology. Educating Podarites on the latest in technology in a very entertaining way has helped kids know more about the different applications available on their tablet screens.

- Bharathi Surendran IX B



Scribido

# **JUMP START EVENT**

The Jumpstart Event was conducted before the 'Theme Inaugural Assembly' for the students to give them a fair idea of what the theme is all about. Various activities were designed to surprise the students, capture their imagination and generate curiosity about the upcoming theme.

The 'Jumpstart Event' plan gave an exciting launch to the last theme of the academic year 'Tech-It-Up! – A World of Gadgets and Gizmos'. It not only facilitated the students to become more aware of the technology they use in day to day life, but also encouraged them to appreciate the influences they have on their lives.

Every class teacher had set up one 'Tech station' for their class room. Each student got a chance to do an activity on entering their classroom. Activities under the 'Tech stations'-

•My Favorite Gadget: Each student wrote the name of their favourite gadget and the reason for the same in one or two sentences and stuck the paper on the chart put up by the teacher on the class door.

•Match your Gadgets:Original gadgets like a computer, camera, speaker, webcam, USB,MP3 Player were displayed. Students identified and matched the same with names written on the slip by the teacher.

•**Talking Tom:** Students enjoyed the Talking Tom app. that responds to the touch and repeats the words spoken by the speaker in a high-pitched cat voice.

•A Robotic step dance/Walk like a robot: The students demonstrated their robotic dance moves on their favorite tunes. - Miss Amisha S. - IX A

## Swami Vivekananda- A beacon of light

**66** S isters and brothers of America..." this solitary phrase, said by Swami Vivekananda on the 11th of September, 1893 in Chicago, stole the hearts of people all around the world. For the first time in human history had a philosopher from India made foreign people listen to him with rapt attention. His speech at the World Parliament of Religions will always be remembered.

We, at Podar Nasik, celebrated the birth anniversary of this eminent personality on the 12th of January, 2015, which is also observed as National Youth Day. This great intellectual was known for his opinions on the role of youth in shaping a country. We had an elocution competition for grades seventh, eighth and ninth on the topic 'Indian Youth Today'. The participants spoke on how Indian youth should help in shaping up the face of our country.

The Indian youth today has a modern outlook and respect for the ancient traditions. It aspires to achieve more but is sometimes held back due to societal factors. The spread of internet and social media has helped the youth in bringing their views to the public. With a boost of patriotism and the removal of gender stereotypes, Indian youth will achieve more.

Swami Vivekananda was a man with a vision. His views on youth and women stand true for the times he lived in, and also for the modern times. As he believed in youth's freedom of expression, an elocution competition is a fitting tribute to this Mahatma.

- Aditi Shimple IX B



"The plan doesn't work? Change the plan. Not the goal."





# **KUDOS COLUMN**



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### PODAR INTERNATIONAL SCHOOL, NASHIK PRIMARY SECTION MEDAL WINNERS IN COMPETITIVE EXAMINATIONS 2014-2015

Sr. No.	EXAM	STD.	NAME OF THE STUDENT	TYPE OF MEDAL WON
NATIONAL CYBER OLYMPIAD (NCO)				
1	NCO	IV	CHINMAY RAM ASWALE	GOLD MEDAL AT NATIONAL
				LEVEL
2	NCO	IV	DEEP ANUP HANMANTE	GOLD MEDAL AT NATION L
				LEVEL
3	NCO	IV	L. NAVINKUMAR	MEDAL OF EXCELLENCE
				ACHIEVED RANK NO. 30 IN
				WORLD
NATIONAL SCIENCE OLYMPIAD (NSO)				
4	NSO	IV	L. NAVINKUMAR	GOLD MEDAL AT NATIONAL
				LEVEL
KARATE (MARTIAL ART) CHAMPIONSHIP				
7	STATE	Ι	JAINAM LODHA	GOLD MEDAL AT STATE
				LEVEL
8	STATE	II	ARYAN GEHLOT	GOLD MEDAL AT STATE
				LEVEL
SKATING COMPETITION				
9	STATE	II	SHLOK DAHAKE	GOLD MEDAL AT STATE
				LEVEL

# **MOMENTS TO FEEL PROUD**



Those who truly have the spirit of champions are never wholly happy with an easy win. Half the satisfaction stems from knowing that it was the time and the effort you invested that led to your high achievement.

Football Tennis a State Level Competition was held in Solapur for under 14 and 16 boys and girls. The achievements are as follow:

- 1 .Richa Bapat-Gold Medal
- 2 .Akanksha Shelke-Gold Medal
- 3 .Amit Thete-Bronze Medal
- Yogesh Sharma-Sliver Medal
  Saksham Kankale-Sliver Medal
- 6.Dev Choudhary-Gold medal

-BY GAURI TIWARI

# Football Tennis a State Level Competition

### AKANKSHA SHELAKE (VIIIA) Football Tennis Gold Medal Solapur Dist. State level.



### RICHA BAPAT (VIIIA) Football Tennis Gold Medal Solapur Dist.



### AMIT THETE

State level.

(IX B) Football Tennis Bronze Medal Solapur Dist. State level.



### YOGESH SHARMA (IXB) Football Tennis Silver Medal Solapur Dist.

State level.



SAKSHYAM KANKALE (VIIIB) Football Tennis Silver Medal Solapur Dist. State level.



#### DEV CHAUDHARY (VIIIB) Football Tennis Gold Medal Solapur Dist.



YOGESH PATIL (VIIB) Football Tennis Gold Medal Solapur Dist. State level.

State level.

